

Perinatal Equity Initiative

Tip Sheet



Maternal Health Network
of San Bernardino County

Healthy Relationships

October 2021

What You Need to Know

45.1% of Black women report experiencing intimate partner violence in their lifetime in the United States.

For more information on this indicator, access the Maternal Health Data Snapshot [here](#).

Expecting mothers need to feel comfortable expressing their feelings with their partners. This may be in jeopardy when mothers don't feel safe around their partner. If complications with the pregnancy aren't brought up as soon as possible they can hurt both the baby and the mother. Providers need to be aware that mothers may not always feel comfortable addressing concerns with or in the presence of their partner. Additionally, finding a doctor or medical care center with a diverse team will help Black mothers feel seen and respected.

Announcements & Resources

Provider Events & Activities:

- Fatherhood 101 Training **October 19** ([Register here](#))
- Promoting Equitable Programs **October 26** ([Register here](#))

Resources:

- [Making an Escape Plan from Domestic Violence](#)
- [Intimate Partner Violence Prevention](#)
- PEI Home Visiting as operated by El Sol Neighborhood Educational Center is accepting client referrals! Access the referral form [here](#).

Legislative Updates:

- [SB65](#) includes expansion of critical services for maternal health, including extending Medi-Cal postpartum coverage to 12 months.



PEI Messaging



For the month of October, we encourage our partners to help us promote **Healthy Relationships** and the PEI programs by sharing the social media content that can be downloaded from our website here:

<https://www.maternalhealthnetworksb.com/maintaining-healthy-relationships>

Instructions for social media sharing can be found [here](#)

