A few women sitting on a couch

Description automatically generated with low confidence****

**[Insert Date and Time]**

Please join us to learn a little bit about breastfeeding for new parents. The gathering will provide useful information and an opportunity to discuss the following topics with soon to be parents:

* Benefits of Breastfeeding
* Common Reasons Parents Stop Breastfeeding
* Common and Normal Experiences when Breastfeeding

*If you or someone you know would like support with breastfeeding, please call* ***211*** *or the Breastfeeding Hotline at* ***1-800-994-9662***

**Presented by [name], [organization]**

Insert two sentence biography of subject matter expert.

**Breastfeeding 101**

***Benefits, Tips, and Tricks***

This information is made available in part by support from the Maternal Health Network of San Bernardino County.

To learn more about the MHN, please visit our website at [www.maternalhealthnetworksbc.com](http://www.maternalhealthnetworksbc.com).

**Insert Logo and/or Picture of Presenter**