**Breastfeeding 101**

*Community Education Presentation*

**Presenter’s Agenda**

**Insert Date of Presentation**

**Insert Time of Presentation**

**Insert Location Information**

|  |  |  |
| --- | --- | --- |
| Timing | Topic | Description |
| 5 minutes | **Welcome, Introduction & Overview of Agenda** | * Introduce self, organization, and experience with topic * Review the three key ideas that attendees will know at the end of the presentation * Briefly review the agenda or timing |
| 12 minutes | **Presentation of Information** | * Provide information focusing on the three key ideas:   + Benefits for baby and parent   + Common barriers to breastfeeding   + Common experiences & resources to help |
| 5 minutes | **Engagement Activity** | * **Think-Pair-Share**: Participants turn to a partner and reflect on a key question (e.g., what was the most important idea you learned during the presentation?) * **Group Discussion:** Participants engage in a large group discussion about whether they learned something new today that may have been a surprise * **Reflection:** Participants briefly consider who they would reach out to for support if they needed it |
| 5 minutes | **Questions** | * Participants pose questions and the presenter responds |
| 3 minutes | **Closing** | * Presenter thanks the attendees and provides additional resources regarding the topic |

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To learn more about the MHN, please visit our website at [www.maternalhealthnetworksbc.com](http://www.maternalhealthnetworksbc.com).